

Adults who experienced adverse events during childhood, 2018

		Region of Kentucky								
	Kentucky^	Cumberland	Eastern Mountain	Jefferson	Northeastern	Northern Bluegrass	Salt River Trail	Southern Bluegrass	The Lakes	Two Rivers
Number of ACEs experienced by adults during childhood										
Two or more ACEs	39%	34%	34%	50%	33%	39%	38%	35%	37%	40%
5+ ACEs	11%	11%	12%	12%	11%	11%	7%	11%	14%	15%
Individual ACEs experienced by adults during childhood										
Lived with anyone who had a problem with alcohol or drugs	31%	27%	28%	26%	26%	27%	26%	26%	28%	29%
Parent/guardian served time in jail	10%	9%	8%	5%	7%	8%	7%	7%	9%	9%
Ever witnessed domestic violence	19%	18%	21%	17%	16%	15%	15%	14%	17%	17%
Lived with anyone who was diagnosed with mental illness	20%	15%	17%	16%	16%	18%	14%	17%	19%	18%
Parent/guardian divorced	33%	26%	25%	31%	23%	25%	27%	27%	28%	26%
Experienced physical abuse	16%	14%	15%	12%	15%	17%	14%	14%	14%	16%
Experienced verbal abuse	26%	23%	23%	20%	23%	23%	25%	23%	24%	24%
Experienced sexual abuse	13%	14%	9%	11%	14%	11%	13%	11%	14%	15%

Source: Kentucky Department for Public Health and the Centers for Disease Control and Prevention, Kentucky Behavioral Risk Factor Survey Data - Adverse Childhood Experiences, 2018.

^ Note that data for Kentucky in this table is from 2018 to be comparable with the regional data.